



15/50

GO ON A WINTRY ADVENTURE

WINTER NATURE...

Many of the Trust's '50 things to do before you're 11¾' activities can also be done in winter - and you may find that they're a very different experience. For example, if you're looking for wild animal clues, you will notice that a spider's web is even more beautiful when it's covered in frost. It can also be easier to see animal tracks when the ground is bare in winter.



Will you make some wild art? Frost-covered leaves and grass have very interesting textures. Consider taking a small bottle of food colouring along and making frozen ice paint to give your art added colour.

Or perhaps you can make a home for a wild animal - they need a safe, cosy and warm spot in winter more than ever. You may also spot different birds in winter, when many species have already migrated south for warmer climes. See if you can spot a robin with its bright red breast. What do you think it's up to? Listen out for its song.

Chances are, the birds will appreciate some food at this time of year. It's an easy thing to take along seeds, mealworms or peanuts for them to eat.

WINTER ADVENTURES...

Frozen breath - Is it cold enough to see your breath? Count how long your icy blasts last when you breathe out. How far can you make them go? Imagine if you could freeze things with your ice breath!

Frosty walks - When it's cold and frosty, why not go for a winter walk? Listen for the crunch of your footsteps on frosty ground. Find a frozen puddle and see what's under the ice. Touch it with your bare hands and listen to the cracking sounds as you crunch your way through it in your wellies.

Icicle spotting - Look for places where water might drip and form icicles. Try looking under the eaves of your house, on outside taps, or at the edge of a trickling stream. See who can find the longest icicle.

Even when it's cold or snowing, there's plenty to discover outdoors! Lots of outside activities are just as fun in the winter. Make sure you wrap up in your warmest clothes - and maybe take a hot drink with you - before setting off. Enjoying a wintry adventure is no. 15 on the National Trust's list of '50 things to do before you're 11¾' activities.

SNOW ADVENTURES...

Catch a snowflake - Try to catch a falling snowflake. If you do, you'll see how beautiful and intricate they are, like little works of art.

Make snow angels - Lie down in the snow, then open and close your legs. Spread your arms out either side of you and move them up and down. When you get up, you'll have made the outline of an angel in the snow.

Snowballs and snowmen - You probably don't need instructions on making snowballs but they're best when the snow is powdery and not too wet. For your snowman, will you use the traditional carrot for a nose and stones for eyes, and a scarf, or are you going to make a snow dog or snow cat instead?

Make a snow house - Making an igloo or a snow house out of blocks of snow is a great way to challenge yourself. You don't have to make it big enough for you to get in - you could do it mouse sized, or cat sized.

Sledging - Once you've got a sledge, you're pretty much guaranteed hours of snowy fun hurtling down snow-covered hills.



WHICH OTHER '50 THINGS' WILL YOU ENJOY THIS WINTER?



50 things to do before you're 11¾

To find out more about the National Trust's '50 things to do before you're 11¾' activity programme that inspired our new collection, head over to nationaltrust.org.uk/50-things-to-do

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Check out our NEW collection at welovefrugi.com


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