



SUSTAINABLE LIVING TRICKS

WE ARE TRYING TO DITCH THE PLASTIC THIS HALLOWEEN SEASON, SO WE THOUGHT WE'D SHARE WITH YOU OUR TOP SUSTAINABLE TRICKS FOR LEADING A MORE SUSTAINABLE LIFESTYLE, WHICH WILL YOU TRY?



- 1 Wash clothes when they are actually dirty, instead of after only one wear.
- 2 Swap your plastic toothbrush for a bamboo toothbrush.
- 3 Turn old sheets and towels into handkerchiefs, rags, napkins, and cloth bags.
- 4 Buy food without packaging or minimal packaging.
- 5 Use bar soap instead of liquid soap, it tends to come with less packaging.
- 6 Don't buy anything impulsively.
- 7 Meal plan to avoid food waste.
- 8 Repair something when it breaks.
- 9 Start garden composting
- 10 Know where everything you buy comes from whether it be food, clothing, or other household goods.

